



**MAASRx**  
health supplements

**THE MAAS CLINIC**  
Osteopathic & Functional  
Diagnostic Medicine

● ● ●  
**MAAS DISTRIBUTION**  
organic health products

**THE MAAS CAFÉ**  
good food, good mood

Dear Valued Patients,

It is with great pleasure & much excitement that we at The Maas Clinic advise you of our move to our new custom-built premises at Henley House, Upton, St. Michael. We will be in our current location until the move. Our last day at Alcott will be Thursday 11<sup>th</sup> June. Our phones will be unavailable for 3 days over the move so please note our emergency number 253-7983. Our doors will open for business at Henley House on Tuesday 16<sup>th</sup> June, able & eager to serve you better than ever before.

At our new location, you will find that a host of services at the clinic has been further streamlined for the betterment of you, our valued clients & better productivity for our staff. Our range of products has been revised & upgraded to better suit our individualized patient wellness programs. Our new Client Care Coordinator is in place to offer you all the support you need from your first visit through to overseas test kits, vitamin prescriptions, special diets & more. We welcome Nicole Storey to our practitioner list as she heads our Electro Magnetic Frequency (EMF) department. We have also added metabolic testing, essential for maximizing metabolism that will encourage weight loss & greater success in sport.

In our new location, Maas Café will continue to create gourmet-dining choices for your pallet's pleasure & your body's benefit. Our menus have expanded much further & we now offer gourmet lunch & dinner deliveries daily. Pizza, crepes, paninis quiches, sweet apple & lemon tarts, muffins, cakes & so much more. We are also available for catering & decorating that special function, gourmet cooking classes in the comfort of your own kitchens, shopping & ingredients/label understanding.

Our health conscious supermarket continues to grow with more products added to support those clients wanting clean food from reputable sources. Dried goods include alternative gluten-free flours including cassava, rice, sourghum, tapioca & more. Gluten-free pastas, organic 100% juices, healthy snacks including chocolate spreads, organic dried fruit & berries, crisps, earth friendly home cleaning products & the range is continually growing!!!! Great healthy kids snacks & sweets, juice boxes & lunch box ideas.



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Our newest pilot project is our showcasing of the simplicity of 'grow at home'. Our new organic herb & vegetable garden will encourage all to see how easy it is to do just that, 'grow at home'. Lettuce & kitchen herbs will be available for sale, ready cut or in pots for you to start your own kitchen garden & feel & taste the joy & goodness this experience can bring. Ground provisions & other garden vegetables will be sold in season through the café. All of which are grown free of pesticides, herbicides & other soil chemicals. We will also be composting & offering a full recycling service in conjunction with B's Bottle Depot to give something back to our precious & fragile Mother Earth. All empty vitamin bottles & other plastics as well as glass, paper & metal can be brought for recycling. It is our hope that through education & example we may get all people understanding that we as a nation in Barbados are blessed with the perfect environment for self sustainability & clean, green living.

We are also starting an informative newsletter which will keep you continually updated on new products & services as well as a host of interesting articles, new health & wellness concepts, the latest findings in keeping home & body free of disease, healthy recipes & the occasional 'how healthy are you?' quiz! If you would like to receive this newsletter please email us back so that you are sure to receive our first issue.

Our website [www.themaasclinic.com](http://www.themaasclinic.com) is currently being upgraded by the marvelous & talented Tracey Worme at Bright Square Inc & will soon be a dynamic, informative tool that will also have available details of all products & services available at the clinic, shopping lists, diet protocols, recipes & will include café menus for both daily food & a full catering menu. Laurens' first book, *The Hidden Cure: The 5 Laws of Perfect Health* continues to gain exposure on a global level & soon interactive online blogs & chat rooms will be available for personal expression & education.

We invite you to come & visit us to see all of our new & improved facilities & learn how each one of us can make the change to a healthier life & a greener planet. We look forward to seeing you at our new location.

Be well,

Laurens & Cathie Maas



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## OUR WONDERFUL TEAM IN THE CLINIC

We give thanks for the continual commitment & dedication from the wonderful staff that we have working with us. Our team has proven themselves to be flexible, dynamic, creative & resourceful & in their new positions we believe that they will be able to offer you a comprehensive & supportive service that will benefit everyone. Here is a simple guideline for you to know who can assist you in any particular query that you may have regarding your program with us.

Laurens Maas	Head Osteopathic Physician – consults with & guides patients through their programs on an osteopathic, homeopathic, functional diagnostic & nutritional level. Oversees all lab staff & actions requests through them for local & overseas testing for individual patients
Mrs. Juliet Holmes	Clinic Manager – assists with medical reports, insurance claims, monthly invoices, credits & international patients, as well as management of all staff
Angela Doyle	Administrative Assistant – assists Clinic Manager with all paperwork, insurance, medical letters & offers general support to both the clinic manager & the customer care coordinator
Charmaine Cambell-Farnhum	Reception Maas Rx – processes all vitamin prescriptions & payments, generates invoices, credit notes, manages stock levels & overseas test kit orders
Sascha Frederiksen	Reception Maas Clinic – processes all appointments & payments for clinical services, confirms appointments, generates invoices, credit notes & general queries
Crystal Alleyne	Customer Care Coordinator – assists in all areas of patient education & information that include fasting, particular diet strategies, overseas test kits, vitamin queries & general support for patients



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Malyssa Coles	Laboratory Manager – runs all in-house lab tests & has a good knowledge base of lab test protocols. Also manages all urine & saliva drop-offs in conjunction with Laurens Maas
Nicole Storey	EMF Practitioner – runs all Ondamed programs as well as patient specific protocols in BEST testing & metabolic assessments
Melissa Hunte	PA to Directors – Melissa has left the role of Clinic Manager & is now responsible for all coordination of events outside of the scope of the clinic for the Maas Group of companies

#### **IN THE CAFÉ**

Yasmeen Waterman	Creative Director – continually developing & creating gourmet, exclusive wheat/gluten & sugar free products for our clients. Coordinates, catering functions, personalized cooking classes & ingredients/label education
Cathie Maas	Overseas Imports – responsible for sourcing & importing clean, green & organic products to support the café, our clients, local health food shops, fine dining restaurants & hotels. Contact Cathie if you are looking for a particular specialty product & she can import it for you
Nicki Hartmann	Chef – assists Yasmeen in developing & creating gourmet products & maintains daily baking & specialty orders
Tamara Ward	Café Assistant – manages daily stock levels & food service to clients. Offers support in understanding particular food products as they relate to blood type or patient specific diet strategies

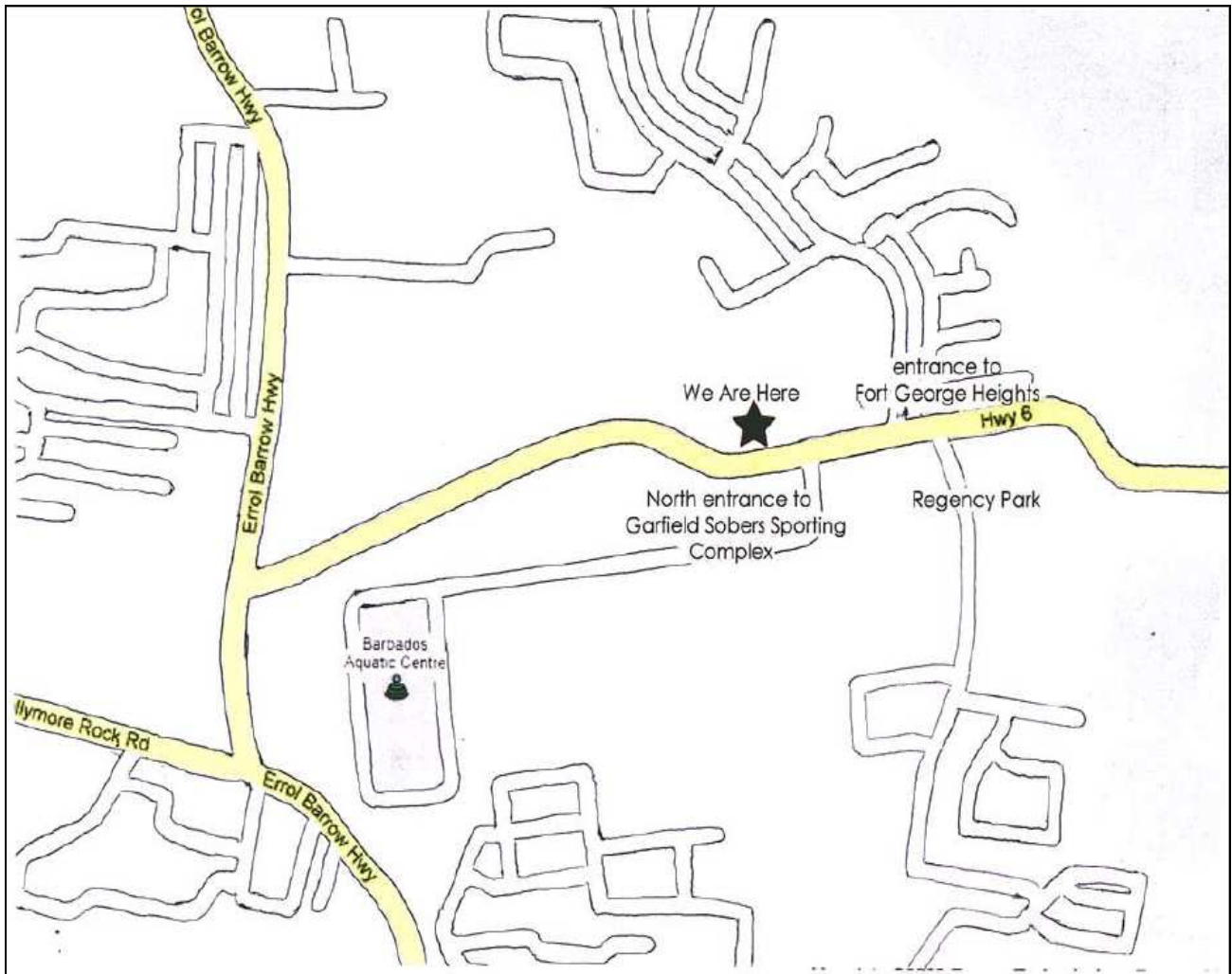


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