



ELECTRO-MAGNETIC CARRIER LIQUID

Before you begin taking any Electro-Magnetic Carrier Liquid (EMCL) please read these instructions over several times so that you understand how and when to take them. Knowing this will give you the best results for balancing your system.

Your EMCL carrier is _____ which you will be
taking
_____ drops _____ times a day

Shake your EMCL 40 times before taking

When taking your EMCL avoid the dropper touching your mouth when as this will contaminate the remaining EMCL in the container. If this happens wash thoroughly before re-use.

Take the EMCL on an empty stomach. First thing in the morning and at bedtime is ideal, but make sure it is 30 minutes before or 40 minutes after meals.

Keep the drops in your mouth for at least 30 seconds before swallowing. This will allow absorption to take place through the membranes in the oral cavity as well as through the stomach.

The items listed below are **FORBIDDEN** for you to use or expose yourself to while taking your EMCL.

- Consumption of coffee or any drink containing caffeine is forbidden! Any form of caffeine will neutralize EMCLs.
- This includes decaffeinated coffees and chocolate (for eg, chocolate Lasco, cocoa, Horlicks, Milo, Ovaltine).
- Avoid exposure of the EMCL to direct light or sunlight, heat, microwaves, batteries, magnets, x-rays and so forth.
- **DO NOT** place within 3 feet from anything connected to the power mains or electrical appliances, such as stereo, stereo speakers, video, TV, heater, electric blanket, household appliances, mobile phones, cordless phones.
- **NO** homeopathic remedies other than the ones given to you on this course should be taken at the same time as the EMCL.
- **NO** acupuncture, dentistry, chiropractic, massage, osteopathic or reflexology treatment is to be had while on this course of treatment. Any treatment that can affect your meridian levels is forbidden. If you must get any of the above done please come back in for another download of the frequencies.

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